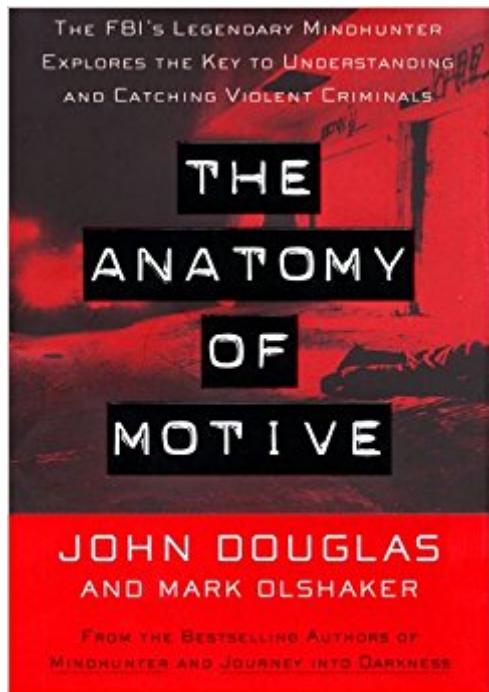


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# The Anatomy Of Motive: The FBI's Legendary Mindhunter Explores The Key To Understanding And Catching Violent Criminals



## Synopsis

Why? In this eagerly anticipated new book from the international bestselling authors of *Mindhunter*, *Journey into Darkness*, and *Obsession*, legendary crime fighter John Douglas explores the root of all crime -- motive. Every crime is a mystery story with a motive at its heart. Understand the motive and you can solve the mystery. The *Anatomy of Motive* offers a dramatic, insightful look at the development and evolution of the criminal mind. The famed former chief of the FBI's Investigative Support Unit, Douglas was the pioneer of modern behavioral profiling of serial criminals. Working again with acclaimed novelist, journalist, and filmmaker Mark Olshaker, the collaborator on his previous three bestsellers, and using cases from his own fabled career as examples, Douglas takes us further than ever before into the dark corners of the minds of arsonists, hijackers, bombers, poisoners, serial and spree killers, and mass murderers. From seemingly ordinary men who suddenly kill their families or go on a rampage in the workplace to dedicated murderers who embark on the kind of spree that resulted in the death of fashion designer Gianni Versace, John Douglas helps us understand what causes violent sociopathic behavior. In chapters such as "Playing with Fire," "Name Your Poison," and "Guys Who Snap," he shows how criminals use and react to the media and how the motives behind hijacking and terrorism have evolved through recent history. For the first time, Douglas identifies the common building blocks contributing to the violently antisocial personality, showing the surprising similarities and equally surprising differences between various types of offenders. Douglas profiles notorious assassins, examining that particular personality and how it applies to other types of crimes. Drawing on cases from today's headlines, he looks at recent sniper incidents at schools and other public places to penetrate the minds and motivations of mass killers. As Douglas tracks the progressive escalation of these criminals' sociopathic behavior, he also shows the common elements in many of their pasts that link them together. Through riveting profiles and a narrative that reads like the best mystery fiction, *The Anatomy of Motive* analyzes such diverse killers as Lee Harvey Oswald, Theodore Kaczynski, and Timothy McVeigh, and helps us learn how to anticipate potential violent behavior before it's too late.

## Book Information

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## Customer Reviews

Douglas has trod this ground before, but never so well as this book. It's my favorite of his writings. Some critics claim that Douglas is unbearably arrogant about his work, but with his track record, who can blame him? Criminal profiling has got to be one of the most fascinating subjects; a science combining intuition, detective work, and common sense. Douglas gives overviews of different types of killers: serial, mass, spree, and tells how they differ from each other. Those profiled include Andrew Cunanan and the Tylenol poisoner. Douglas also profiles two of the most intriguing killers, in my opinion, John List and Charles Whitman. Two more different people could not exist, and yet they both resorted (chose, in Douglas' opinion) to murder. Douglas' main refrain is that these people, through a combination of physiological and psychological factors, environmental conditions, and situation stressors, choose to take the course they do. That is, lots of people may have a brutal upbringing and negative life situations, but do not kill people. So, it is a choice, and not a compulsion they cannot avoid (as Douglas puts it, none of these killers would murder while a uniformed policeman stood nearby). At the end of the book, Douglas gives us four scenarios and gives us an opportunity to figure out whodunit. If you've been reading carefully, he says, you should be able to tell. I got three out of the four, so I guess I'm headed for the FBI academy! If you like Douglas' work and writing, you will enjoy this book.

Some people believe that John Douglas comes off as a bit arrogant in his writing, and I could not agree more. However, once the reader is able to get past the author's arrogance, the author compiles a very interesting read. Douglas takes into account all of the types of killers including arsonists, assassins, poisoners, bombers, serial, killers, mass murders, and spree killers. He goes into detail to explain who is likely to commit the specific crime and what makes them snap to go on their murderous rampage. Once the author gets into a specific story it is hard to put this book down. The final chapter allows the reader to try some profiling of his/her own on some specific case.

For this reason, the last chapter is called "you make the call." Overall, I enjoyed this book and would suggest it to all true crime fans. Just for the record, I do intend to read some of Douglas's other books in the future, based on my enjoyment of this book and the other book I have read and reviewed by him.

This is the third book I've read of John Douglas. *Mindhunter* and *Journey into Darkness* are the other two. If you're anything like me, you are absolutely repulsed by the crimes these creatures commit...but you're curious about it, too. I mean, HOW can any human being do things that Mr. Douglas describes in his books to another human being. As much as I am repulsed by this behavior, I am strangely fascinated by it. What makes them tick? John Douglas helps answer this question. Straight-forward description of events, explanations behind the crimes. He describes what happens underneath the surface of these crimes and how this will help point to motive. And ultimately, that's what's important: WHY? Because when you find out HOW, you can figure out WHY, and this will help lead to WHO, as John Douglas explains in his book. This book will interest anyone that reads suspense, thriller, or horror genres. Authors like Tom Clancy, Stephen King, Jeffery Deaver, Thomas Harris, Patricia Cornwell, and the likes: If you read any of these authors, read John Douglas's books, especially *The Anatomy of Motive*. What it may lack in suspense (he writes these books not so much to keep you guessing "what next," or anything like that), it more than makes up for in the fact that EVERYTHING HE TELLS YOU, ACTUALLY HAPPENED! And not that the "lack of suspense" makes this book boring. This couldn't be further from the truth. Case in point: John Douglas will not just describe a crime and an investigation into the Whodunnit, he's going to take you inside the mind of serial killers, mass killers, spree killers, assassins, arsonists, poisoners, kidnappings, and more. That's what's so terrifying: You're inside the mind of a killer, and for once you're not asking "How can a freak like this do such a thing to another human?" because it suddenly makes sense. SPOOKY!

Douglas doesn't claim that anyone is born bad. He's delved into what turns human beings into monsters, often an abusive upbringing, and in fact has often stated that programs like Head Start are the best way to prevent serial killers and rapists, and crime in general. He merely states that by the time he or other law enforcement officers get involved it is far too late to fix anything. Someone like John Wayne Gacy could have been helped while he was a child, but by the time the FBI is involved he's already learned that he enjoys killing. Douglas' job isn't to try and undo decades of mental development, it is to render a very sick person incapable of doing further harm. As for

calling these men cowards, I don't know what else to call a man who preys on the weak to bolster his self esteem. Douglas and Olshaker make a great writing team. Anyone who has an interest in investigation, psychology, or criminal justice should read all of their collaborative efforts.

John Douglas has provided the insight to the criminal mind like none other has ever done. As a Law Enforcement officer I can say his experience as detailed in this book has made it exciting and fun to read. Those of you who are looking for the inner eye of a serial killers mind this is the book for you. Two thumbs way up.

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